

# A View on Polymer-Based Composite Materials for Smart Wound Dressings



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**Abstract** Wound management challenges everyday thousands of health professionals, mainly due to the constant monitoring and difficulties in deciding the correct treatment options. When considering chronic wounds, selecting the ideal dressing defies clinical knowledge, when facing the large amount of different materials, its distinctive properties and the uniqueness of each patient needs. This chapter presents

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an overview on the challenges and complexity of a chronic wound, exploring the event of a wound infection and discussing the large range of polymer-based composite materials and products in use for each specific wound condition, taking into account the key decision aspects defined by the clinicians. Different tissue engineering strategies are also herein addressed with varied reported clinical success, ranging from non-cellularized to considerably sophisticated cellularized products, reproducing the compositional complexity of both dermis and epidermis. Recent advances in smart dressings and sensors are also brought to discussion as sensing the wound can give us new insights about the series of complex biochemical events related to the healing and regeneration process, while contributing for a better wound assessment.

**Keywords** Polymers · Composite materials · Wound management · Wound dressings

## 1 Introduction

Wound treatment is based on a complex approach where it is essential to identify the aetiology, make a correct diagnosis, and ensure that the treatment and therapeutic decisions are the most effective for that case. Wounds can be classified as acute or chronic according to their healing process [1, 2]. Acute wounds are associated with a non-complicated process that is generally organized, sequential and able to restore the anatomic and functional integrity of the tissues involved within a reasonable small amount of time. Meanwhile, chronic wounds are associated with difficult or prolonged healing where the reparative process does not follow in a timely or orderly fashion, and thus fails to produce the previous anatomic and functional integrity of the injured site [3]. According to White et al. [4], chronic wounds may be the result of an association between wounds that have an impaired healing process due to the presence of complex underlying pathologies, such as diabetes mellitus, vascular disease or the presence of malignancy. The epidemiological profile of chronic wounds is not fully known, however, it is estimated that there may be more than 20 million chronic wounds worldwide [5], with 1–2% of the population experiencing a chronic wound during their lifetime [6].

Wound care has high associated costs, as studies from Scandinavian countries have reported, they account for 2–4% of the total health care expenses [7], studies from the UK showed that they account for approximately 4.8 billion pounds [8], and studies from the United States showed that they account for an excess of US\$25 billion annually in the treatment of chronic wounds [9]. This burden is expected to grow even more due to aging population and chronic diseases, like diabetes. Aspects such as pain, anxiety and social isolation are aspects that may influence the quality of patient's life besides the wound healing process and cost treatment [10, 11]. Nonetheless these aspects are presently difficult to quantify.

This chapter discusses recent advances in the development of synthetic (including biosynthetic) and biologic (tissue origin) ultimate polymer-based dressing materials

and composites to promote wound care. In specific, this chapter focuses on the current and new solutions that enhance wound healing and tissue regeneration, keeping in mind important aspects such as the improvement of wound care system.

## 2 Complexity of a Chronic Wound

A chronic wound is related to the complexity and senescence of physiological processes and is associated with stagnation. Chronic wound is described as an interruption in the integrity of skin and underlying tissues progresses through a disorganized and complex shape healing process. These injuries hardly progress through a sequence of normal healing, sequential and timely, and there is a precise balance between production and degradation of molecules [12, 13]; to thereby influence the physiology of healing. Chronic wounds can take several years to heal or even have no cure, causing emotional changes, physical and economic to patients, families and health services.

Healing is an intricate, dynamic and continuous systemic process [14], which requires body activation, production and inhibiting of a large number of molecular and cellular components, the interaction of chemical mediators, and extracellular matrix in an orderly and continuous sequence, conduct the entire process of regeneration/ healing. Its understanding is a critical step towards solving chronic wound problem.

### 2.1 *Different Stages of Healing*

The healing process is divided into three continuous phases which overlap temporally: inflammatory, proliferative and maturation [15, 16]. Five steps are known during the healing process, including the induction of inflammatory response by injury, reconstitution, migration and proliferation of parenchymal cells and connective tissue; followed by the synthesis of proteins of the extracellular matrix and restructuring of parenchymal elements to restore functionality and finally the connective tissue remodelling [17].

From the moment in which there is tissue loss, platelets come in contact with exposed collagen and other extracellular matrix components, giving the coagulation cascade and the release of vasoactive substances, adhesive proteins, growth factors and proteases [17, 18]. The formation of this provisional matrix is essential for cell migration, in addition to serving as a reservoir for cytokines and growth factors that will be released during the following phases of the healing process [19, 20]. At this stage the Celsius signals are evident as redness, heat, pain, tumor and possible loss of function [21]. The pro-inflammatory cytokines produce proteases that are present in the exudate and break the damaged extracellular matrix proteins [22], a process termed proteolysis. Beyond processes described, there is the phagocytosis of bacteria,

cell debris and foreign bodies, as well as the production of growth factors involved in these inflammatory cells to prepare the wound for the proliferative phase when the endothelial fibroblasts and cells also are incorporated [23]. When the inflammatory process does not lapse, a complex response is triggered that can lead to chronic inflammation [24, 25]. The proliferative phase starts with the granulation tissue formation, connective tissue cell proliferation and migration and re-epithelialization of the wound surface. The epithelial cell proliferation starts with a mitogenic and chemotactic stimulation of keratinocytes, with increased microvascular permeability that allows, through the leakage of proteins, cytokines and cell elements, to the formation of a provisional extracellular matrix which is necessary for the migration and proliferation of endothelial cells [26]. The last stage—Maturation is characterized by deposition of extracellular matrix (ECM) remodelling of tissues and wound contraction [27, 28]. In the course of maturation and remodelling process, most fibroblasts and inflammatory cells disappeared from the wound site, giving rise to apoptosis and cell death processes to scar formation.

## 2.2 Wound Types and Therapeutic Requirements

From the universe of chronic wounds, the most common are pressure ulcers, venous arterial ulcers, and diabetic ulcers (Fig. 1) [29]. Injuries associated with the lower limbs, venous ulcers are the most common type, accounting for about 80–90% of the wounds, and the remaining arterial and neuropathic [30].

The choice of the most adequate dressing is influenced by the aetiology, specific characteristics of the wound bed, type of tissue present, odour, infection signals and amount of exudation [31, 32]. There is a considerable number of different dressings and techniques available for managing wounds according to its characteristics (Table 1).

Thus, the wound bed, and its tissue type are indicative of the required material, the healing phase, progression and treatment effectiveness:

*Necrosis*: usually black, indicative of tissue death, hard or soft consistency;

*Fibrin*: yellowish and can be presented adherent to the wound bed (slough);

*Granulation*: Reddish colored, slightly damp and firm, it is indicative of good evolution of the healing process;

*Epithelialization*: pinkish tissue, indicative of wound closure and thus usually arises from their edges.

The first principle of wound bed preparation is the removal of this tissue type and should be performed using debridement; which quantitatively reduces bacterial load, toxins and other substances affecting the immune system [33]. It is clear that healing is systemic, but the choice of the most adequate local treatment technique among the available options or the possibility of an infection event are factors that can contribute to accelerate or delay this process.



**Fig. 1** Most common pressure ulcers: **a** Calcaneous pressure injury, **b** Venous Leg ulcer and **c** Diabetic foot—Charcot foot

The evaluation of the risk factors of the patient with wound should be an element guide to all decisions for the prevention and treatment of wounds. Several factors that interfere with the healing process are identified in the literature, and they are consensual that this continuous process may be hampered by systemic and local factors [27, 28]. According Nazarko [34], in addition to these local and systemic risk factors, extrinsic factors must be evaluated (affecting the condition of the person) and assessing the intrinsic (referring to the wound characteristics) that interfere with the healing process (Table 2).

### 3 The Event of a Wound Infection

When the skin integrity is disrupted becomes prone to infection. As a multi-functional organ, skin possesses particular biochemical and physical properties that influence its microbiology. Some of these properties include a slightly acidic pH, low moisture content, high lipid content (which confers hydrophobic characteristics) and the presence of antimicrobial peptides [35].

**Table 1** Wound characteristics and established therapeutic options

Color	Tissues	Exudation	Objectives	Considerations	Therapeutic options
Black	Necrosis Necrotic tissue	Null (dry)	Debride Hydrate	Caution: - Arterial occlusion	Surgical Debridement
		Scarce	Debride Hydrate & Maintain Humidity	- Heel - Malignant lesions - Coagulation Levels	Autolytic or enzymatic debridement
Yellow	Devitalized Fibrin Slough Tissue	Scarce	Removal of necrotic tissue Reduce the bacterial load	Perilesional skin protection	Surgical debridement if necessary Autolytic or enzymatic debridement
		Moderate \ abundant	Removal of necrotic tissue Reduce the bacterial load	Perilesional skin protection	Autolytic or enzymatic debridement Absorbing dressings
Red	Granulation tissue	Scarce	Promote Granulation & Maintain Humidity	Perilesional skin protection Atraumatic treatments	Hydrogels Absorbing dressings
		Moderate \ abundant	Promote Granulation & Management of exudate	Protect new tissues	Absorbing dressings Tissue regeneration material
Pink	Epithelialization	Null	<ul style="list-style-type: none"> <li>• Promote epithelialization</li> <li>• Protection</li> </ul>	<ul style="list-style-type: none"> <li>• Protect new tissues</li> <li>• Decrease Frequency of Treatments</li> </ul>	Silicone films Thin Hydrocolloids

Adapted from WUWHs [31]

**Table 2** Risk factors for impaired healing

Intrinsic factors	Extrinsic factors
Age	Aetiologies
Skin condition	Wound site
Associated pathologies	Wound size
Life style	Wound bed tissues—Debris
Nutritional status	Exudation—Maceration
Mobility	Wound edges
Psychological well-being	Surrounding skin
Pain	Pain associated with wound
Immune status	Mechanical stress
	Chemical stress
	Dressing materials
	Medication
	Temperature

The outer surface of adult skin is colonized by a handful of stable inhabitants (resident microorganisms) with rare or transient species contributing to interpersonal variation [36]. Skin physiology determines the pattern of colonization by skin microbes. *Staphylococcus* spp. and *Corynebacterium* spp. are the most abundant in moist sites, while lipophilic microorganisms such as *Propionibacterium* spp. and *Malassezia* spp. dominate in sebaceous areas [37]. The role of transient microorganisms in infection remains largely unknown, although it is likely that they influence the infection life cycle.

Microorganisms are present in all wounds. In acute wounds, the short healing time allows for only a small number of skin contaminants to take residence while in chronic wounds, the continued exposure of devitalized tissue is likely to facilitate the colonization of a wide variety of microorganisms and trigger infection [38]. Bacteria, fungi, viruses or protozoa can cause human infection. However, the presence of microorganisms such as bacteria does not necessarily indicate that an infection exists or that will lead to impair wound healing [39].

The role of bacteria in wound healing has been debated over the years. Some have suggested that bacteria may play a beneficial role in normal wound healing and wounds will heal despite the presence of large numbers of microorganisms [40]. Nonetheless, the detrimental effects of specific pathogens, such as *Clostridium perfringens* and *Streptococcus pyogenes*, have been well recognized. These are typically invasive bacteria that are not normal members of the human skin microbiota. In contrast, some resident microorganisms such as *Staphylococcus aureus*, which are part of the microbiota of many humans, also cause wound infections (Table 3).

Polymicrobial wounds are those containing several potential pathogens. This typically delays wound healing, raising the risk for other complications [42] and is the norm in chronic wounds. The concept of wound bioburden involves the bacterial burden, which is the presence of replication microorganisms within a wound, the bacterial load, the virulence of the microorganism and the host reaction [43]. This leads to increased metabolic load imposed by the multiplying microorganisms in the wound bed, and their ability to spread in tissues and produce toxins [44]. The

**Table 3** Bacterial species isolated from chronic wounds

Bacterial genus	Chronic wounds (specimens from 19 wounds)*	
	Swab culture	Tissue PCR
<i>Staphylococcus</i>	28	68
<i>Enterococcus</i>	12	18
<i>Pseudomonas</i>	32	28
<i>Proteus</i>	126	–
<i>Citrobacter</i>	8	28
<i>Corynebacteria</i>	0	68
Anaerobes	0	70

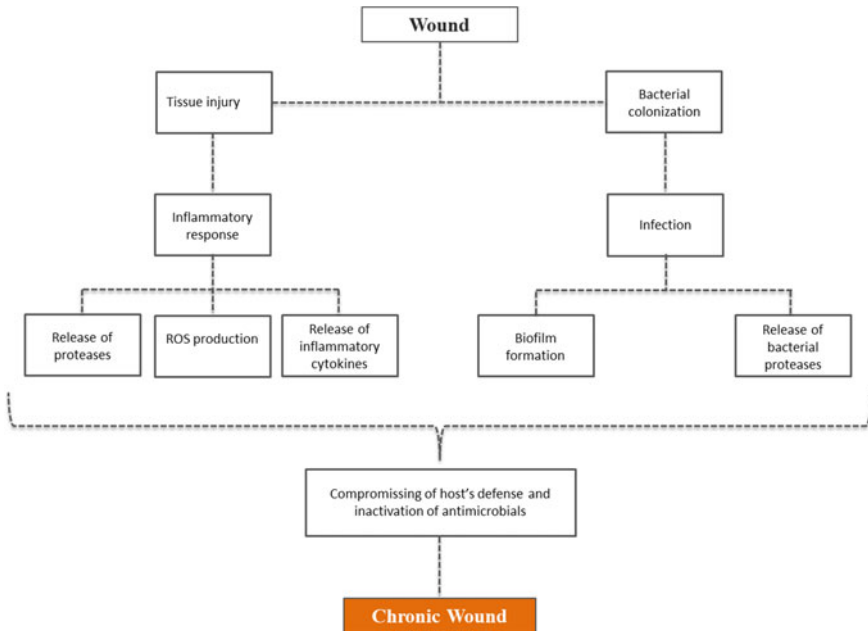
\* Frank et al. [41].

interactions of multiple microbial populations in chronic infections are still poorly understood, mainly due to controversies in culturing methods [45]. However, over the past several years, molecular-based methods have been increasingly applied in skin and wound microbiology research. Molecular studies of wound microbiology have revealed very diverse bacterial communities. These studies involved polymerase chain reaction (PCR) amplification of the bacterial gene encoding the small ribosomal subunit RNA (16S). More recent studies have used additional molecular methods including metagenomics for the evaluation of chronic wound microbiota [41]. The results of these studies indicate that chronic wounds contain diverse polymicrobial communities and similar community features, such as the presence of strictly anaerobic bacteria, even though the studies were from diverse geographic regions.

Evidence exists that bacteria colonizing human chronic wounds exist as biofilm communities and not in the planktonic form [35, 46]. Bacteria within a biofilm live in microcolonies encapsulated in a matrix composed of an extracellular polymeric substance. This acts as physical barrier to the permeation and action of antimicrobial agents. Besides this, the biofilm confers a habitat where bacteria can communicate with each other (quorum sensing), which may lead to increased virulence and propensity to cause infection [47]. More than 80% of human infections are caused by biofilms [48]. Chronic wounds have a fertile environment for biofilm formation; necrotic tissues and superficial debris facilitate infection whereas the altered vascularization and subsequent ischemia hinder the immune system to develop an efficient defensive response [49]. It is estimated that 60% of all chronic wounds are colonized by biofilms compared to only 6% of acute wounds [50]. This explains how biofilms can impair the healing process, by being often associated with a persistent inflammatory state, tissue disruption and difficulty in healing. The cascade of events leading to a chronic wound is schematized in Fig. 2. Adding to this, the polymicrobial nature of these infections further complicates diagnosis and treatment. When compared chronic wounds (venous leg ulcers, diabetic foot ulcers and pressure ulcers) with acute, generally are colonized by more anaerobic bacteria and fungi. Diabetic foot ulcers have a high incidence of species of *Bacteroides*, *Peptoniphilus*, *Fingoldia*, *Anaerococcus* and *Peptostreptococcus* [51].

It is tempting for the clinician to start antibiotic treatment, but in case of established mature biofilms, this treatment often has only temporary effect on both inflammation and healing. In addition, the clinician has to rely on the results from a swab or biopsy, which rarely reflects all specimens present in the wound. The bacteria in biofilm are up to 1000 times less susceptible to antibiotics [53], and MIC is not reached in the chronic wound fluid. Even silver as an antimicrobial incorporated in several wound dressings, has limited effect in biofilm *in vitro* [54]. With this in mind, the clinician should exercise restraint in administering antibiotics. This favours biofilm persisting bacteria and promotes resistance. Mechanical removal of wound debris (by ultrasound assisted surgery) and even granulation tissue is an effective way of diminishing the bacterial load and is an important part of treatment protocols. "Biofilm managing strategies" have been implemented, but none have yet proved to be more effective than others [55]. The need for new and more efficient treatment regimens (new biofilm penetrating drugs, new substances to disrupt biofilms) and





**Fig. 2** Cascade of events contribution to a chronic wound. Adapted from McCarty and Percival [52]

research in biofilm (QS manipulation, resistance to antimicrobials) may provide wound care specialists with new, more effective ways to heal wounds.

#### 4 Established Wound Dressing Options

Very few, if any, current wound care products have the capacity to cross the healing process towards tissue restoration [56]. The contexts, realities and needs in wound care around the world are simultaneously equal and different and there are actually a large variety of different dressings for prevention and treatment [57–60] for the most various aetiology’s or wound characteristics. These wound care dressings presently can be divided into two broad categories: synthetic (including biosynthetic) and biologic (tissue origin) polymer-based materials and their composites [56].

Biologic-derived polymers for wound dressings are not recent, they are used since the Egyptian’s [60], however only after the 60’s the first study’s started and more specialized biological-derived dressings have been developed since there [56, 61]. Their effectiveness has increased greatly with recent innovative developments, where various skin substitutes were tested over time, such as human skin allograft, xenograft and amnion, are being used at various wound care centres. The skin substitutes provide faster wound coverage solution that may require less vascularized wound

bed, increase in the dermal component of healed wound, reduce or removed inhibitory factors of wound healing, reduced inflammatory response and subsequent scarring [62]. Nevertheless, these skin substitutes need specific expertise/experience and have a higher cost [63].

#### **4.1 Synthetic/Biosynthetic Dressings in Wound Care**

Synthetic/biosynthetic dressings have been designed primarily to promote moist wound healing and function as a barrier against infection, while simultaneously collaborate in the growth of granulation tissue and epithelisation. Currently, chronic wounds are treated with a broad variety of dressings tailored to the requirements of the wound (dry or exuding, clean or infected, superficial or deep) (Table 2). These materials are generically categorized as textiles, polyurethane films, foams, hydrogels, hydrocolloids, and collagen/alginate combination of wound dressings as example in Table 1 [60]. Nonetheless the most common wound dressing are alginates and hydrofibers, well studied, applied and documented in literature. Alginate has relevant properties as a gel-forming [64] and film-forming [65]. Alginate dressings are highly absorbent, being this dressing a good choice for highly exudative wounds. These dressings are described to absorb 15–20 times their weight of fluid, which can be a substantial lifestyle improvement for patients with draining ulcers [66]. Hydrofibers are dressings highly absorbent, they have a similar function of alginates but can absorb three times more. They have been demonstrated to be useful in partial-thickness donor sites and partial thickness burns. All together, these polymer-based materials and their composites can present a wide range of properties resulting in interesting possibilities for the final wound dressing product [67]. The selection of various reinforcements and polymer matrices is very critical in designing a desired product for wound care. Figure 3, shows a schematic illustration of a typical decision tree in wound care.

The wound stage and its characteristics will implicate the best dressing choice. While films will be the ideal solution for superficial wounds; foams will be more adequate for exudative and granulating; hydrogels will be best applied in eschar, deep or tunneling wounds and in wounds with slough; and hydrocolloids will be used in superficial, eschar and granulating wounds and also wounds with slough [68]. It is highlighted the key steps prior dressing application, like wound bed preparation (cleanse, debridement and measurement), the wound evaluation (considering the different levels of exudate) and the consequent ideal solution for each type of wound. Likewise, some common commercial products are listed below.

In this chapter novel and promising polymer-based composite dressings in the different categories, are reported for wound healing.

##### **Foams**

Foams are one of the most variable and versatile dressings for chronic wounds, including thin and thick, adhesive and non-adhesive, coated or uncoated [69]. Typically, the most used foams are constituted of polyurethane or a silicone core with a

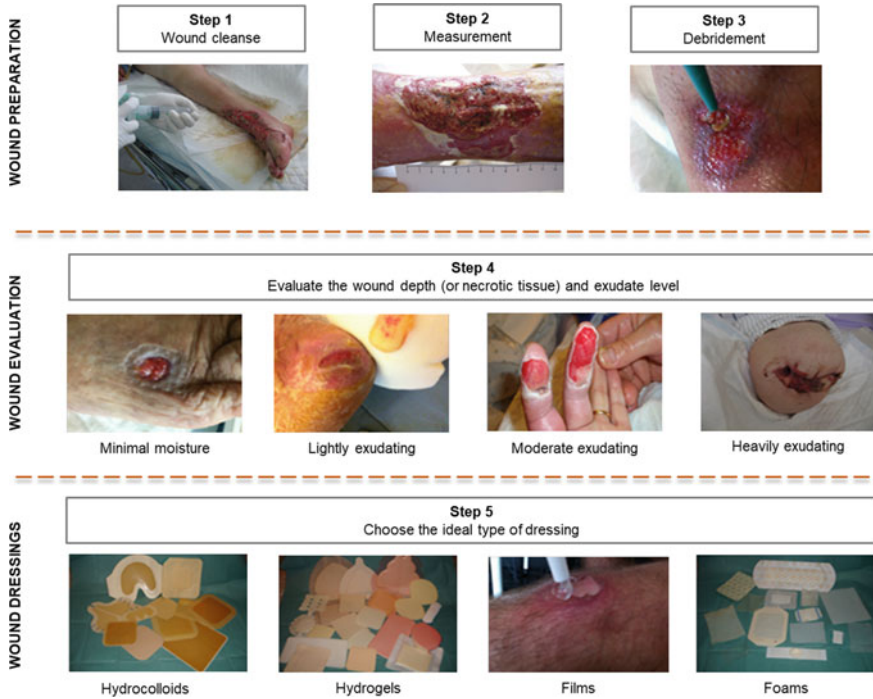


Fig. 3 Schematic illustration of wound care treatment

semi-occlusive out layer. This layer is water vapor permeable and attends to protect against microbial penetration and proliferation, while the polyurethane/silicon serves to give absorptive qualities [66]. Foams are applied in wounds with moderate to high exudate, granulating or necrotic wound, and can be used on infected wounds (Fig. 3). It has been developed foams with antimicrobial activity, as for example silver-containing arabinoxylan foams [70]. There are also available commercial products incorporating silver, such as PolyMem silver<sup>®</sup> (Ferris Cor.) and Mepilex<sup>®</sup> Ag (Mölnlycke Health Care).

Foams afford an atmosphere for autolytic debridement and reduce granulation tissue. Thick foams can be used for venous ulcers to offer an improvement of local compression, which allow to control edema and promote healing [69]. Treatment of wounds using negative pressure therapy uses foams that incorporate tubing to a vacuum source. Generally, two types of foams are used: polyurethane foams, for example, VAC GranuFoam<sup>®</sup> (Kinetic Concepts [KCI], San Antonio, TX); Flexzan<sup>®</sup> (Dow B. Hickam, Inc.), Hydrasorb<sup>®</sup> (Tyco Health Care/The Kendall Co.) or polyvinyl alcohol foams, for example, VAC VersaFoam, (Kinetic Concepts [KCI], San Antonio, TX) [71].

Foams can dry wounds with minimal or mild exudate and may require a saline soak during dressing change to avoid pain and trauma [68]. The absorbent capacity

of wound fluids is dependent on the polymeric material used and the thickness of the foam. They are extremely absorbent, protective and adaptable to body surfaces. Additionally, foams are easily manipulated and can be adjusted to the wound size [72].

Foams are appropriate for deep wounds with exposed bony areas such as the ankle or sacrum or exudative cavities, however they should be frequently changed, since daily to once or twice weekly, because the dressing becomes soaked with exudate. Foams can be adherent or non-adherent, in the latter case it is necessary a secondary dressing to avoid shifting [66]. Nevertheless, they possess some drawbacks, for example they can dehydrate dry wound and also they are opaque and the wound visualization can be compromised. In addition, adhesive foams may be responsible for some cases of contact dermatitis [73].

Recently, several innovative composite foams have been developed. A new foam combining the attributes of volume filling and rapid coagulation of shape memory polymers (SMP) with the ability to swell and fill hydrogels has been developed by Landsman et al. [74]. This SMP polyurethane foam is coated with *n*-vinylpyrrolidone hydrogel (NVP) and polyethylene glycol diacrylate (PEGDA). In a new addition, this composite contains iodine in the form of a complex (PVP-I2 or povidone-iodine), widely used as a surgical antiseptic. The iodine-containing hydrogel gives the composite an antibacterial effect (reducing the viability of common bacteria by 80%) while increasing fluid uptake by 19 times over uncoated SMP foams. In another study by Namviriyachote et al. [75] polyurethane combined (PUC) foam dressings with various biomacromolecules (i.e. carboxymethylcellulose, chitosan, alginate, hydroxypropyl methylcellulose) were fabricated with the adsorption of asiaticoside and silver nanoparticles for traumatic wound treatment. The selected PU-alginate combined foam dressing adsorbed with asiaticoside and silver nanoparticles proved advantages for traumatic dermal wound management. A multilayer dressing consisting of polyvinyl alcohol foam (PVA) and electrospun sodium carboxymethyl cellulose (CMC) surface mesh was developed and characterized by He et al. [76] and co-workers. This composite was further loaded into the PVA foam, with the antimicrobial drug stearyl trimethyl ammonium chloride (STAC) for infection control and the CMC surface mesh offered an effective hemostatic function. Another study shows the potential of alginate-pectin composite foams with different blending ratios using calcium ion cross-linking [77]. In this study, the results suggest that controlling the pectin content in alginate-pectin foams is the key to adjust their mechanical properties, water absorption, and drug-release ability. Alginate-pectin composite foams showed to be promising candidates in different wound-dressing applications. A series of foams composed of PVA/alginate (PACFs) were prepared through a crosslinking reaction and lyophilization process [78]. The effect of different alginate content on the physicochemical properties and on the hemostatic function of the PACF was analyzed. The results showed that PACF absorbed plasma, but also stimulated blood cells, further promoting blood clotting, with therefore promising results as wound dressings.

## Films

Films are thin, elastic and offer a barrier to microbial colonization [68]. Generally, commercial films are transparent, for example Transeal® (DeRoyal), Bioclusive® (Johnson & Johnson Medical), Mefilm® (Molnlycke Health Care), among others. A suitable wound-dressing film must have crucial properties, including capacity to absorb exudate, to regulate the moisture permeation, to maintain the moisture of the wound and to release the retained bioactive compound [79].

Films can be used in superficial wounds, namely burns, catheter sites and epidermal skin graft harvest sites, being suitable for minimally exudative wounds (Fig. 3) [68]. Films permit an environment for softening dry eschar by autolytic debridement, permit a protection from friction and contribute for pain reduction. A quantity of amorphous hydrogel may be added to the film in order to accelerate the autolytic debridement. These dressings may not be applied on wounds with heavy exudate. Films should be changed when exudate escapes onto intact skin or at a minimum of every 7 days [69].

Films are easy to use in wounds with different shapes, generally allowing for an easy wound visualization and flexibility to use as a primary or as a secondary dressing cover in alginates, foams and hydrogels [66]. Due to their adherence, films are easy to apply and do not need a second dressing [73]. On the other hand, they have non-absorbent characteristics that cause an accumulation of exudate and a maceration of wound edges, being necessary to change them frequently. The adhesive properties of films may potentially injury the skin, mostly in patients with delicate skin, such as elderly people and those with cutaneous atrophy. Therefore, in this case they should reduce the dressing changes to minimum or even avoid the use thereof [68].

Antimicrobial protection has been also addressed over the years and there are already films with this functionality in the market, such as 3 M™ Tegaderm™ CHG Chlorhexidine Gluconate I.V. Securement Dressings (3 M Healthcare) and Acticoat 7 (Smith and Nephew) that contains silver. In this sense Kim and coworkers [80], investigated a nitric oxide-releasing chitosan film. That film demonstrated a stronger antimicrobial activity against *Pseudomonas aeruginosa* and *Staphylococcus aureus* and, simultaneously, the film accelerated wound healing and epithelization in a rat model. Nevertheless, innovative solutions are presently under development. Novel chitosan and cellulose acetate polymer composites were prepared by solvent-casting method [81]. The formed films were loaded with nanosized cerium oxide, and the results revealed to be promising as potential wound covering material. Alginate films containing pyrogenic silica supported silver nanoparticles were prepared via solid state sintering route without the use of any solvent and reducing agent [82]. Films exhibited antimicrobial and antibiofilm activities against *S. aureus* and *P. aeruginosa* and showed no cytotoxicity towards human skin keratinocytes and human fibroblasts HuDe, with promising evidences as wound dressing toward infected tissues. Novel adhesive composite films were prepared for mupirocin dermal delivery. Natural polymers as chitosan, sodium alginate and carbopol were used for films' development to evaluate possible interactions and the impaired drug release properties [83]. Solvent evaporation method was used for the films' preparation. The formulation was found more effective compared to the market product (Bactroban® cream)

for wound healing at Balb-c mice, which highlights the potential for application as a wound care system.

In a different perspective a series of cross-linked films based on the combination of an elastin-derived biomimetic polypeptide (Human elastin-like polypeptide (HELP)) with alginate (ALG) were studied by Bergonzi et al. to obtain a composite with enhanced antioxidant properties [84]. ALG/HELP composite films loaded with the hydrophobic natural antioxidant curcumin were prepared by solvent casting method followed by the cross-linking with calcium chloride. The antioxidant activity correlated to the increase of HELP content, suggested the applicability of these composites as smart biomaterials for different biomedical applications.

### **Hydrocolloids**

Hydrocolloids are moist wound dressings, that usually comprise a backing material (e.g. semi-permeable films, foams or non-woven polyester fibers) and a layer with hydrophilic/colloidal particles that may contain biocompatible gels made of proteins (e.g. collagen, gelatin) or of polysaccharides (e.g. cellulose and its derivatives) [72, 85]. Hydrocolloids are commonly primary dressings, biodegradable, non-breathable, and adherent to the skin, so that no separate taping is required. They are also waterproof, allowing regular water contact with skin.

Hydrocolloid dressings have been carefully addressed by Broussard et al. [66] in are view on wound dressings. The most commonly used are composed of a polyurethane external layer and an internal layer of a hydrophilic polymer such as gelatin e, pectin or carboxymethyl cellulose [86]. In their native stage they are impermeable to water, but once in contact with the wound exudate they are able to absorb it and form a gel, progressively more permeable to water vapour and air, which allows the excess of fluid to be removed without wound desiccation [87]. The moist conditions produced under the dressing and the control of the exudate are intended to promote fibrinolysis, angiogenesis and wound healing, to encourage the production of granulation tissue and to increase the quantity of synthesized collagen, leading to an increase on tissue regeneration, without causing softening and breaking down of the tissue [86]. On the other hand, these dressings also contribute for a better management of pain, due to the hydration enhancement, which will help the autolytic debridement, and will also provide a physical barrier to external microorganisms [86, 88]. Nevertheless, because these products are non-breathable they are not recommended prior to infection control [87].

There are a great variety of commercially available hydrocolloid dressings such as Granuflex®, Aquacel™, Comfeel™, Tegaserb™, Exuderm®, Duoderm®, Ultec™ or Tegaderm™ and these are adequate solutions for both acute and/or chronic wounds, moist or dry, to form a semipermeable thin sheet and to produce a flat, occlusive and adhesive dressing [89]. These dressings are made in sheets that can easily be cut to fit the desired size or shape of ulcers, traumatic injuries, surgical wounds, graft donor sites, superficial wounds, and some burns without the need of separate taping [88]. Due to its diversity and availability at a relatively low cost, to introduce innovation on hydrocolloid dressings, becomes a difficult task. Hydrocolloid drug loading has been attempted by several authors [87, 89, 90] Thu et al. [87] developed a novel bilayer hydrocolloid film based on alginate, which was investigated

as slow-release wound healing vehicle. The bilayer was composed of an upper layer impregnated with model drug (ibuprofen) and a drug-free lower layer, which acted as a rate-controlling membrane [87]. Successful results suggested that they can be exploited as slow-release wound dressings for low exudate wounds. In another study, novel chitosan (Ch) and hyaluronan (HA) wound dressings were developed loaded tiopronin and captopril as antiinflammatory drugs. Composite biomembranes were examined in skin wounds of ischemic rabbits to accelerate the process of healing. Data proved that the biomembranes composed of Ch/HA/tiopronin or Ch/HA/captopril facilitated healing of skin wounds compared to untreated animals and animals treated with Ch/HA membranes [91]. In a different report, a dressing based on PLGA and Aloe vera was developed containing lipid nanoparticles (NLCs). NLCs were added to prevent dressing from adhering to the wound and improve handling. Consequently, the PLGA-AV-NLC membrane promises to be a promising strategy for the treatment of chronic wounds, since it has improved handling compared to formulations without the lipid character of NLCs [92]. To overlap the adhesion loss of hydrocolloid wound dressings which seriously reduces the therapeutic efficiency and patient experience, hydrocolloid dressings were investigated using sodium carboxymethyl cellulose (CMC)-filled hydrocolloid dressings exposing to physiological environment as model. The results promoted the designing of hydrocolloid dressings with both excellent humidity control and sustained self-adhesiveness [93].

### Hydrogels

Hydrogels are commonly defined as polymer three-dimensional networks that may be composed of crosslinked natural polymers (e.g. alginate, chitosan, gelatine, silk) or synthetic macromolecules (e.g. polyethylene glycol, polyvinyl alcohol) [94]. Hydrogels have been reviewed by Moura et al. [72] in a wound dressing report about diabetic wound healing and regeneration. Wound dressing hydrogels can be applied either as an amorphous gel or as an elastic film or solid sheet. These dressings usually require a secondary covering such as gauze, that need to be changed frequently, while hydrogel films or sheets may be used as both primary or secondary dressings [95].

Commercially available hydrogels (ActiformCool®, Stimulen™, Regenecare®, Intrasite Gel, Solosite Gel, Kendall™, 2nd skin®, Tegagel™) are flexible, rubbery and soft, nonreactive or irritant, biocompatible, and permeable to metabolites [96]. Typically, hydrogels are non-adherent and cool to the surface of the wound, which may lead to a better management of pain and therefore a better patient acceptability. Commonly they are suitable for cleansing of dry, sloughy or necrotic wounds by rehydrating dead tissues and enhancing autolytic debridement (Fig. 5). Nonetheless hydrogel dressings due to their high content of water (70–90%) are not suitable to be applied in heavily exuding wounds, once fluid accumulation can lead to skin maceration and bacterial proliferation.

The highly-hydrated network of a hydrogel can be held together via physical or chemical crosslinks, can be made biodegradable, and responsive to specific stimuli such as pH and temperature, and can be engineered to deliver therapeutic cells, drugs and soluble factors in a sustained and controlled way [97]. The success of application of hydrogels as a delivery system in wound healing will largely depend

on biomimetic design and engineering, harnessing cell–material interactions in the cell fate and functions [97].

In Table 3 are summarized a few studies on advances in hydrogel formulation for wound healing and regeneration. Shukla et al. [98] studied an apigenin loaded hydrogel using gellan gum—chitosan with polyethylene glycol as a cross linker. Results proven that the prepared hydrogel seems to be highly suitable for wound healing due to adequate properties of biocompatibility, biodegradability, moist nature and antioxidant effectiveness. Agubata et al. [96] developed and evaluated wound healing hydrogels containing hydroxypropyl methylcellulose, ofloxacin and biodegradable microfibrils from surgical sutures. These formulations promoted high collagen deposition after twenty-one days of wounding, with minimal scar formation. Evidences support the promising use of these hydrogels containing for effective wound healing.

Zeng et al. [99], developed injectable gelatin microcryogels which could load cells for enhanced cell delivery and cell therapy for wound healing. In this study, human adipose-derived stem cells (hASCs) laden in gelatine microcryogels, were instigated as primed injectable 3D micro-niches for a new cell delivery methodology for skin wound healing. Results showed wound bed recovery and a direct effect on wound basal layer for healing enhancement. Gong et al. [100] studied a biodegradable *in situ* thermosensitive hydrogel as a controlled drug delivery system composed of curcumin loaded polymeric micelles for successful cutaneous wound repair. Despite advances in the design and development of hydrogels it is still a challenge to develop a hydrogel with good stability and strong mechanical attributes for hemostasis and wound healing. In this sense, a recent study has developed a new polysaccharide hydrogel based of fenugreek gum-cellulose composite. A fenugreek gum was combined with cellulose through hydrogen bonding to form a hydrogel to improve the mechanical properties of the compound hydrogel [101]. Notably, hemostasis and wound healing have been confirmed, which highlights the promising medical potential of the compound hydrogel to promote wound healing [101]. The preparation of hydrogel-based materials with high antibacterial activities and good biosafety at the same time can also be challenging. In order to answer this crucial problem, Yang et al. [102] has developed a physical hydrogel composed of multi-functional chitosan/ carboxymethyl chitosan/ silver polyelectrolyte (CTS/ CMCTS/ AgNPs). A physical hydrogel composed and built by *in situ* photoreduction of silver ions with CMCTS  $\alpha$ -hydroxy and acidification sol by semi-dissolving gel transition methods (SD-A-SGT) using natural polymers with no chemical reducer involved. This composite showed desired biosafety and antibacterial activities simultaneously, with great application potentials as wound dressing.

In a different point of view Lin et al., studied the importance of anti-inflammation and angiogenesis in wound healing [103]. Therefore, the team developed a composite hydrogel dressing with stepwise delivery of diclofenac sodium (DS) and basic fibroblast growth factor (bFGF) to be applied in the inflammation stage and new tissue formation stage respectively for wound repair. The *in vivo* wound healing of rats revealed that this composite hydrogel showed a better healing effect with a wound contraction of 96% at 14 d, less inflammation and higher angiogenesis, than all



control groups. This is promising data for hydrogel wound dressings [103]. Hamdi et al developed chitosan and protein isolate composite hydrogels, for carotenoids-controlled delivery and wound healing. The concentration of the protein isolate was increased to turn chitosan hydrogels more elastic, not exceeding 15% (w/w) of protein isolate concentration in the chitosan-protein isolate composite hydrogels revealed low cytotoxicity towards MG-63 osteosarcoma cells. The topical application of adhesives based on this hydrogel compound and enriched with carotenoids, allowed the acceleration of wound healing and complete regeneration being a promising new biomaterial [104].

## ***4.2 Tissue Engineered Skin Substitutes and Advanced Wound Healing***

Regenerative medicine is a recent but already widely accepted and expanding field involving the development and/or manipulation of molecules cells, tissues or organs to repair, replace or support injured body parts in order to recover their function [105]. Tissue engineering can be perceived now as among the available regenerative medicine strategies and can be defined as the science of persuading the body to heal itself through the supply of molecular signals, cells and scaffolds, to the adequate anatomic sites [106]. For skin regeneration, it essentially consists in expanding skin or stem cells, cultivating in a biomaterial support structure or scaffold, eventually combining biomolecules of interest such as growth factors, and then implanting the cell-scaffold construct for restoring the barrier function (initial step in burns) or for promoting wound healing (e.g., chronic wounds) [107].

This field has been assuming increasing clinical relevance due to the successful clinical tissue engineering-based products already available, namely for skin regeneration. Its clinically proven potential, associated to the limitation of the previously described technologies, allow tissue engineering, and regenerative medicine in general, to bring hope as solution for several clinical problems presently unsolved.

Tissue engineered skin substitutes, given their potential higher similarity to the natural skin tissue, are capable of overcoming several of the limitations previously described for skin grafts, namely donor shortage, and conventional wound dressings, namely undesirable adhesion to the lesion, impossibility associated to the difficulty in reproducing skin appendages and incapacity to replace the lost tissue, particularly the dermis [85, 108–110].

Tissue engineering has been particularly successful in the field of wound healing, and in particular for the treatment of burns and chronic wounds. This is actually the more mature and only area of application where several different products are already available, recurring to distinct strategies and with varied clinical success, ranging from non-cellularized products, composed of a biodegradable and porous polymeric matrix ready for implantation, to considerably sophisticated cellularized products, reproducing the compositional complexity of both dermis and epidermis

[111–113]. The biomaterial scaffold used can be produced using natural, synthetic or hybrid polymers and serves as a template for cell adhesion, proliferation and differentiation, playing a crucial role in guiding neo tissue morphogenesis [109, 114–116]. Additionally, natural skin healing can be stimulated through the incorporation, into these products, of a myriad of biomolecules such as genes, drugs, cytokines or growth factors [109, 111, 112].

Clinically available skin substitutes can be broadly divided into epidermal, dermal and dermo-epidermal products [109, 111, 117], although other categorization modalities exist. For regenerating superficial wounds, several commercial epidermal substitutes exist, using either autologous or allogeneic keratinocytes, namely MySkin<sup>®</sup> (CellTran, UK), consisting of a silicone layer seeded with autologous keratinocytes, Epicel<sup>®</sup> (Genzyme Biosurgery, USA), made of petrolatum gauze covered by autologous keratinocytes sheets, Epidex<sup>®</sup> (Eurodern, Switzerland), consisting of a silicone membrane cultured with autologous keratinocytes from the outer root sheath, and ReCell<sup>®</sup> (Avita Medical, Australia), where autologous keratinocytes are directly sprayed into the lesion [118–120]. Although generally providing an efficient epidermal coverage epidermal constructs present several limitations, namely long fabrication time due to the obtention and expansion of keratinocytes, difficult handling due to their fragile nature, variable engraftment rates and high cost [109, 120].

For the regeneration of full thickness wounds dermal tissue is required and mechanical stability is important to prevent wound contraction [109, 121]. For wound coverage dermal substitutes are usually associated to a permanent epidermal substitute using autologous split-thickness skin grafts or cultured epithelial autografts [19]. Available products in the market providing effective dermal regeneration include several cell-free products, such as Integra<sup>®</sup> (Integra LifeSciences, USA), a nanofibrous composite bilayer mesh composed of crosslinked collagen and glycosaminoglycan layer and a semi-permeable polysiloxane layer, Hyalomatrix<sup>®</sup> (Anika Therapeutics, USA), a bilayered hyaluronic acid-based scaffold covered with a silicone sheath, Matriderm<sup>®</sup> (MedskinSolutions, Germany), a composite collagen and elastin scaffold, and AlloDerm<sup>®</sup> (Lifecell, USA), a donated human dermis processed to remove cells, as well as cellularized scaffolds containing fibroblasts, such as Dermagraft<sup>®</sup> (Organogenesis, USA), a cryopreserved human fibroblast-derived dermal substitute, generated by the culture of neonatal dermal fibroblasts onto a bioresorbable poly(lactic-co-glycolic acid) (PLGA) mesh scaffold [109, 120, 122, 123].

Dermal-epidermal substitutes are the most advanced tissue engineered currently available in the clinics since they mimic both skin layers (dermis and epidermis) for full skin regeneration. Dermal-epidermal substitutes available in the market include PermaDerm<sup>®</sup> (Regenicin, USA), constituted by a biodegradable collagen scaffold cultured with autologous fibroblasts and keratinocytes, and Apligraf<sup>®</sup> (Organogenesis, USA), a composite bi-layered product composed of two distinct nanofibrous layers, being the lower dermal layer constituted by bovine type I collagen cultured with human allogeneic fibroblasts and the upper epidermal layer constituted by

cultured human allogeneic keratinocytes [109, 111]. Although providing more effective regeneration of full-thickness skin defects than conventional treatments, these products still present several limitations, namely inefficient wound closure due to rejection of allogeneic cells, high production costs [109].

Overall, tissue engineered skin substitutes present several advantages when compared with conventional treatments, including faster regeneration, increased dermal component in the healed wound, lower vascularization requirements, and reduced presence of inhibitory factors [124]. However, they still also present several limitations as previously pointed out, including lack of skin appendages, such as hair follicles, sebaceous glands and sweat glands, poor cell, inefficient vascularization, wound contraction, fibrosis, scarring at graft margins, use of animal-derived serum in cell culture, and high manufacturing costs [109, 112, 120, 124–126].

To overcome these limitations, several advanced skin regeneration strategies are under development in order to address both the fundamental issues underlying the limited understanding of the phenomena involved, as well as the technological barriers inhibiting their implementation. For instance, in order to promote the formation of skin appendages recent studies explore the culture of specific cells, including stem cells, such as Schwann cells, hair follicle cells, or melanocytes into scaffolds [113, 127]. Other strategies explore the used of advanced fabrication technologies, such as electrospinning or 3D printing, to fabricate scaffolds combined with cells and adequate biomolecules with improved complexity in terms of compositional and architectural biomimicry and providing better control over cell seeding [113, 128–132].

## 5 Sensing the Wound

The management of chronic wounds can greatly benefit from sensing tools able to predict in real time the need for a specific therapeutic intervention and whether the therapy is working or not. Adding diagnostic and theranostic sensors to wound management is an exciting possibility. The immediate benefits for the clinicians and patients are obvious: an increase of the treatment efficiency, the reduction of treatment time, and in extreme cases, lowering the risk of amputation. On the other hand, sensing the wound can give us new insights about the series of complex biochemical events related to the healing and regeneration process, contributing for a better wound assessment.

### 5.1 Detectable Biomarkers

Research on biomarkers for the assessment of wound status is of extreme relevance. However, this is a slowly progressing field due to the difficulty on isolating specific biochemical and physiological events that could be used to represent each wound

**Table 4** Progress on biomarkers for wound healing  
Adapted from WUWHs [134]

Main classes of biomarkers (as identified in 2007 consensus meeting)
<ul style="list-style-type: none"> <li>• Bacterial load/specific microbial species/biofilms</li> <li>• Cytokine release in response to specific microbial antigens</li> <li>• DNA—e.g. gene polymorphisms</li> <li>• Enzymes and their substrates—e.g. matrix metalloproteinases and extracellular matrix</li> <li>• Exposed bone</li> <li>• Growth factors and hormones—e.g. platelet-derived growth factor</li> <li>• (PDGF), sex steroids (androgens/oestrogens), thyroid hormones</li> <li>• Immunohistochemical markers—e.g. integrins, chemokine receptors and transforming growth factor beta II receptors</li> <li>• Inflammatory mediators—e.g. cytokines and interleukins</li> <li>• Nitric oxide</li> <li>• Nutritional factors—e.g. zinc, glutamine, vitamins</li> <li>• pH of wound fluid</li> <li>• Reactive oxygen species</li> <li>• Temperature</li> <li>• Transepidermal water loss from periwound skin</li> </ul>
Newly identified biomarkers
<ul style="list-style-type: none"> <li>• Uric acid</li> <li>• Glucose</li> <li>• H<sub>2</sub>O<sub>2</sub></li> </ul>

event [133]. Almost a decade ago Harding et al. [134] have gathered in a consensus meeting for discussing the progress of wound monitorization and have generated a list of potential wound markers, which served as basis to the studies in the following years. More recently other markers have been identified and added to this list, as summarized in Table 4.

Some of these markers have been recently gaining importance while others have led to contradictory results and difficulties upon their detection. Recently, Dragaville et al. [135] reviewed the state-of-the-art on some of the most effective markers, either embedded in dressings or as point-of-care (POC) techniques for wound assessment and monitoring. These include temperature, oxygen, bacteria, pH and biochemical signals.

Among the different wound types, chronic non-healing wounds have been particularly studied for biochemical markers, through several clinical investigations [136, 137]. Proteases, protease inhibitors, and pro-inflammatory cytokines are presently under study either locally at the wound site and/or systemically using high-throughput screening (metabolomic, proteomic, genomic and lipidomic analysis) [138]. Of these, proteases (serine, metalloproteinases, cysteine, aspartic) and specifically matrix metalloproteinases have received the most attention in studies of chronic wounds, showing great potential as targets for wound assessment [137, 139]. In a recent review

by Lindley et al. [138], some steps are proposed for the validation and implementation of these clinically applicable biomarkers, including those measured in tissue (ex.  $\beta$ -catenin), wound fluid (matrix metalloproteinases and interleukins), swabs, wound microbiota, and serum (ex. procalcitonin and matrix metalloproteinases).

The ongoing research on the above mentioned biomarkers or on others certainly discovered in the future gains more relevance when sustained in the idea of developing appropriated sensor tools. Since a wound is a dynamic environment, there is a strong need to develop systems that can diagnose the wound parameters in a minimally invasive way and report continuously on the type of environment inside the wound. Ideally it would consist of individual or combined sensors for pH, temperature, humidity, oxygen, bacteria sensors, etc [135, 140]. To monitor these parameters is not a difficult task, however the generated information needs to be precisely correlated to the events taking place in the wound bed. For instances a pH variation can occur following an inflammatory process or due to an infection [141, 142]. On the other hand, variations in wound pH will influence proteolytic activity and oxygen content and so measurements of enzyme activity may not be relevant unless correlated with pH [142].

## 5.2 *Multicomponent Biosensor Dressings*

The combination of sensors and dressings with active properties is nowadays considered as the gold standard, although numerous challenges still need to be overcome. A biosensor integrated within the dressing should be able to detect low levels of a certain biomarker (ex: resulting from a bacterial contamination) and consequently emit a recognizable output indicative of infection risk. Ideally this smart sensor should then trigger a material response towards a therapeutic effect, e.g., the controlled release of a pre-loaded drug. This could be achieved by integrating switchable surfaces or stimuli-responsive materials into the dressing to generate smart composites [135, 140, 143, 144]. At the same time the sensor should provide information about different parameters indicative of the status of the wound, in particular pH, temperature, moisture, and exudate production, etc. In doing so, these smart dressings will help shifting the paradigm of chronic wound care from routine management and time-based dressing changes toward cost effective personalized care and knowledge-based treatment [140, 144].

There is a significant effort in the research community to develop near-patient or wearable devices to enable wound care professionals to objectively measure the wound status. There have been advances in monitoring moisture [145–147], pH [145, 146], oxygen, protease [140, 144], and bacterial load [142, 146, 148, 149]; however, only a few of these systems are available for commercial use. At the present time, it is striking how few wound care devices have made it into clinical use. Recent advances on sensor research in wound monitoring have been made mostly on generic physiological status indicators such as, moisture [144, 145], pH [142, 146], oxygen [142, 150], and bacterial load [148, 149] and temperature.

In the case of moisture sensors, only slight advances have been made. A sensor to measure moisture content has been commercialized by Ohmedics Ltd (Glasgow, UK) following research on the moisture status of advanced wound dressings [146]. The WoundSense™ device is a disposable moisture sensor, suitable for use in any dressing and allows moisture monetarization without the need to disturb the dressing. Recently, Milne et al. [140] have reported the first large-scale observational study using this system. The results suggest that a large number of unnecessary dressing changes are being made, with disturbance of the wound bed and impact on healing and costs associated.

Presently, a considerable attention is being paid to wound pH monitoring, as it affects fibroblasts/keratinocytes activity, microbial proliferation and oxygen release to the tissues, altering the immune response of the wound [142]. As reported in the literature [151], the pH of healthy human skin is in the range of 4.0–7.0. In chronic venous leg ulcers and in pressure ulcers, an increase in pH (i.e. alkaline or neutral pH) is a sign of infection, if compared with the normal surrounding skin. Although the ideal pH sensor is yet to be discovered, there have been considerable developments in recent years, mostly in response to the limitations of the traditional glass potentiometric system related to its fragility and inability to measure multiple wound regions simultaneously and continuously [143]. These only provide localized measurements and are not feasible for complex measurements across the surface of a heterogeneous wound surface. Other strategies have been explored over the last years for continuous monitoring of the pH, either through electrochemical [148, 149, 151] or colorimetric methods [152, 153]. Electrochemical sensors measure the concentration of H<sup>+</sup> ions based on the rate of electrochemical reactions. Recently, Sharp et al. [150] has proposed a version of printed electrodes on flexible acetate sheets that incorporate uric acid for monitoring wound pH. This sensor can detect pH in a broad range, from 4.0 to 10. Guinovart et al. [148] have modified a commercial adhesive bandage to create a pH sensor by screen printing Ag/AgCl and carbon electrodes onto it. This wearable pH sensor has shown to detect variations between 5.5 and 8 of pH values. More recently Rahimi et al. [149] have developed an inexpensive flexible array of pH sensors fabricated on a polymer-coated commercial paper, to be integrated in low-cost dressings as a way to map the pH at various wound sites. Another approach that has attracted noticeable attention is the use of pH sensitive materials and dyes for detection of skin pH [138, 140, 152, 153]. These colorimetric sensors are usually easy-to-read and can be utilized without integrated electronics. However, a key challenge for fabrication and use of these systems is to prevent the dye from leaching out of the dressing onto the skin. In addition, the sensitivity of the dye should cover the entire range of pH variation observed in skin disorders and wounds (pH = 4–9). Recently Tamayol et al. [153], developed a composite hydrogel alginate-based microfibers containing mesoporous particles loaded with a pH-responsive dye. The fabricated pH-responsive microfibers were flexible and able to maintain contact with skin, minimizing the leakage of the dye from the fibers. Non-invasive luminescence imaging is also of great interest for studying biological parameters in wound healing. Schreml et al. [154] have developed the first method for 2D luminescence imaging

of pH *in vivo* on humans. More recently they have described a sprayable luminescent pH sensor able to be applied to very uneven wound tissues [155].

Oxygen is one of the critical factors regulating the wound healing process [156], Acute hypoxia can cause tissue loss in a chronic wound and negatively impact the wound healing process [157]. Thus measuring oxygen concentration in real-time can be an effective tool for monitoring wound status. However, this parameter has only recently gained attention. Mostafalu et al. [158] have created a localized 3D-printed smart wound dressing platform that enables real-time data acquisition of oxygen concentration. The bandage contained a flexible oxygen sensor in a compact package, incorporating a series of off-the-shelf electronic components including a programmable-gain analog front-end, a microcontroller and wireless radio, an integrated electronic system with data readout and wireless transmission capabilities. This flexible platform can allow for a self-operating remote therapy for chronic wounds.

Uric acid (UA) concentration in wound exudate is another key marker which is recently being explored as specific indicator of wound status and infection since it is highly correlated with wound severity [159] and significantly decreases during bacterial infection [160]. Kassal et al. [161] described a new type of smart bandage for determination of uric acid (UA) status, by screen printing an amperometric biosensor directly on a wound dressing. The smart bandage biosensor interfaces with a wearable potentiostat for on-demand wireless data transfer to a computer, tablet, or Smartphone.

As described in this chapter, chronic wounds are extremely susceptible to infection, as the first defense barrier, the skin, is disrupted allowing for bacteria to invade the underlying tissue. Due to the clinical relevance of this problem to diagnose infection on a dressing at early stages and preferably, without its removal is a critical landmark. As herein referred, many of the above described sensors are used in dressings for detecting bacterial infection. But other strategies have been recently proposed, exploring different biochemical markers. For example, in a study by Kristmastuti et al. [162] a porous anodized aluminum oxide (pAAO) based biosensor was developed as a biosensing platform to detect proteinase K, an enzyme which is a readily available model system for the proteinase produced by *P. aeruginosa*. As a proof-of-concept, this platform was successfully tested with human wound fluid, highlighting the potential for detection of bacterial infections in chronic wounds. Hajnsek and coworkers [163] developed an electrochemical sensor for fast detection of wound infection based on the quantification of myeloperoxidase activity as a marker for bacterial infection.

The use of carbon fibre tow as an electrochemical sensing matrix for assessing pyocyanin production, a substance produced by *P. aeruginosa* as a result of quorum sensing during wound colonization, was proposed by Sharp et al. [164]. The proposed small and inexpensive sensor assembly is suggested for use in monitoring *P. aeruginosa* growth. Ciani et al. [165] have reported the design and characterization of an electrochemical biosensor system and impedance detection method capable of the multiparameter detection of TREM-1 (Triggering Receptor-1 Expressed on

Myeloid cells), MMP-9 (Matrix MetalloPeptidase 9) and HSL (N-3-oxo-dodecanoyl-l-HomoSerineLacton), relevant in bacterial quorum sensing. These antigens are used without amplification and with minimal pre-analytical requirements on screen printed electrodes (SPEs), which are cheap, commercially available.

Temperature is an important parameter to assess chronicity, is frequently used for monitoring at-risk patients and anticipate ulceration [166]. However, there is little research using temperature sensors embedded in wound dressings. This can be achieved by incorporating miniaturized wireless sensors within wound dressings, as proposed by Matzeu et al. [167]. They fabricated a sensor using multiwall carbon nanotubes and electrodes produced by electroplating nickel and gold over the copper tracks prepared through a lithography process. Due to the wireless communication ability, this system can be used under a bandage or a wound dressing for minimally invasive, remote monitoring of temperature.

Most of the current methods for incorporating biosensors in dressings to monitoring chronic wounds have been independently developed and therefore are predominantly single-parameter. However due to the complex, multi-stage progression of wound healing the development of wearable integrated systems with sensors and readout teletronics is a major goal in the continuous monitoring of a chronic wound. Some steps are being done in this integrative approach. For instances, Mehmood et al. [167] presented a low-power portable telemetric system for measuring and transmitting real-time information of wound-site temperature, sub-bandage pressure and moisture level from within the wound dressing. Wang et al. [168] reported the use of a sprayable and thermogelating biomaterial (Poloxamer TM; a.k.a. Pluronic) in optical imaging of pH values, local oxygen and temperature. The polymer sensor particles containing molecular probes (such as for sensing O<sub>2</sub>, pH or temperature) are incorporated in the host material, and the resulted sensor cocktail was sprayed onto surface of interest at low temperature. On increasing temperature, the sprayed thin film forms a gel and tightly adheres to form a stable sensor film. Two of the most relevant fluctuating wound parameters during the healing process which are pH and glucose concentration. Jankowska et al. [169] presented a fluorescent sensing system to monitor the wound status and to distinguish between an autonomously healing and a chronic wound at an early stage. The system allows monitoring simultaneously pH and Glucose using a fluorescent pH indicator dye, carboxynaphthofluorescein, and a metabolite-sensing enzymatic system, based on glucose oxidase and horseradish peroxidase, immobilized on a biocompatible polysaccharide matrix.

## 6 Future Perspectives

Chronic wounds have a deep impact in patient's health, social life, and it means an economical general burden, being therefore a current topical interest worldwide. In this chapter, we have focused on the current state of the art in chronic wound healing medicines involving the active treatment of these wounds. The evolution of the different advanced wound dressings, skin substitutes and available commercially



products, have been discussed, highlighting the advantages of combining materials, bioactive compounds and sensors to better face the different stages of the wound. The exact moment of deciding which dressing should be used remains controversial and the existing medical literature is not helpful. Only a few, if any, prospective randomized control trials conclusively prove the superiority of one type of wound dressing over another [170]. Therefore, more wound care research providing level A evidence is needed. Nevertheless, in daily clinics, the decisions need to be taken and all strategies attempt to achieve the same goal: the successful healing.

The chapter covered many advanced wound dressings, including several types of polymeric systems and its composites in the form of foams, films, hydrogels and hydrocolloids for wound healing and tissue-engineered skin substitutes, dressings containing (antibiotics, silver, stem cells, etc). Although there is an enormous diversity of solutions, challenges still remain in tackling the problems associated with chronic wounds, and it is clear that one single advanced dressing does not always address the problems encountered in chronic wounds. Therefore, a combination of the above-mentioned advanced systems will be required, which implies that there is no single perfect dressing for all wounds. Nevertheless, the increasingly advanced biomaterials and their composite systems, creates favourable conditions for: better management and retention of the exudate; better adjustment to certain anatomical sites, not limiting the mobility of its users; better ease of removal of material for visual inspection, exchange of material for suspected infection; possibility to monitor parameters such as the pH or temperature.

The future of dressings points to the “interaction” between the material and user, as well as between the material and the clinician. It is not always easy to achieve or control all the variables involved in the process, because the dressing is optimised to control one or two needs, being optimal for the purpose of its design hence the professional’s assessment of the best material for the priority variable to be controlled at that time. The future will bring possibilities of monitoring, at the wound bed, important events such as: an infection or exudate increase.

As a concluding remark there is no single ideal dressing code for wound healing. In the future it seems crucial to address advanced multi-component dressings that will tackle the problems of chronic wounds such as: pain, inflammation, odour, infection, delayed healing, and associated costs to health systems and populations worldwide. Therefore, a multi-targeted approach seems to be the best way toward wound care, which also should include a more detailed comprehension by the health professional on the use of these advanced dressings and their recommendations.

**Acknowledgements** This work was supported by National Funds from FCT—Fundação para a Ciência e a Tecnologia through project UIDB/50016/2020. Sara Baptista-Silva gratefully acknowledges FCT for the grants (ref. SFRH/BPD/116024/2016).

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