

# Influence of shaking and viable cell numbers on microbial conjugated linoleic acid (CLA) production



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PORTO

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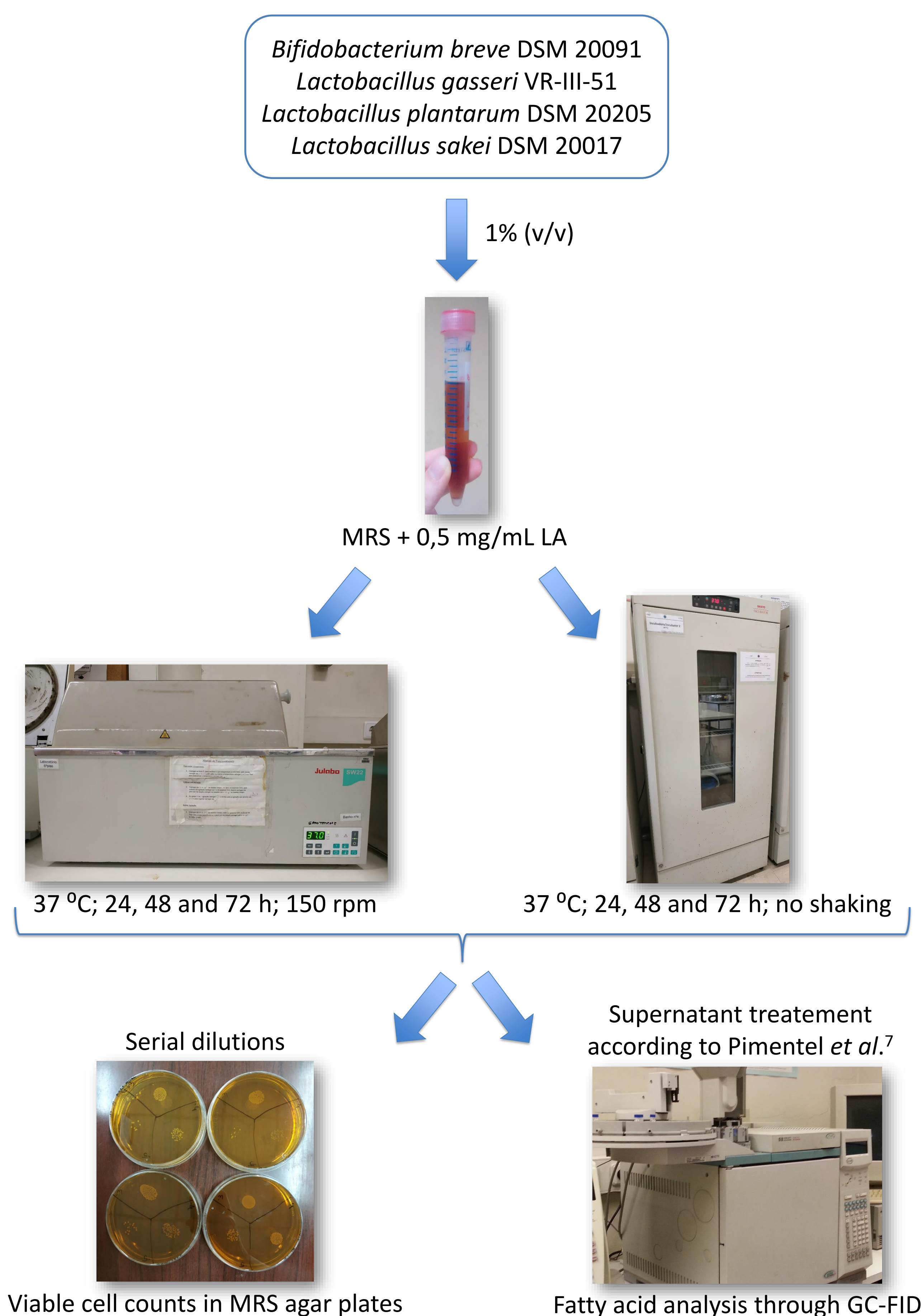


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## Introduction

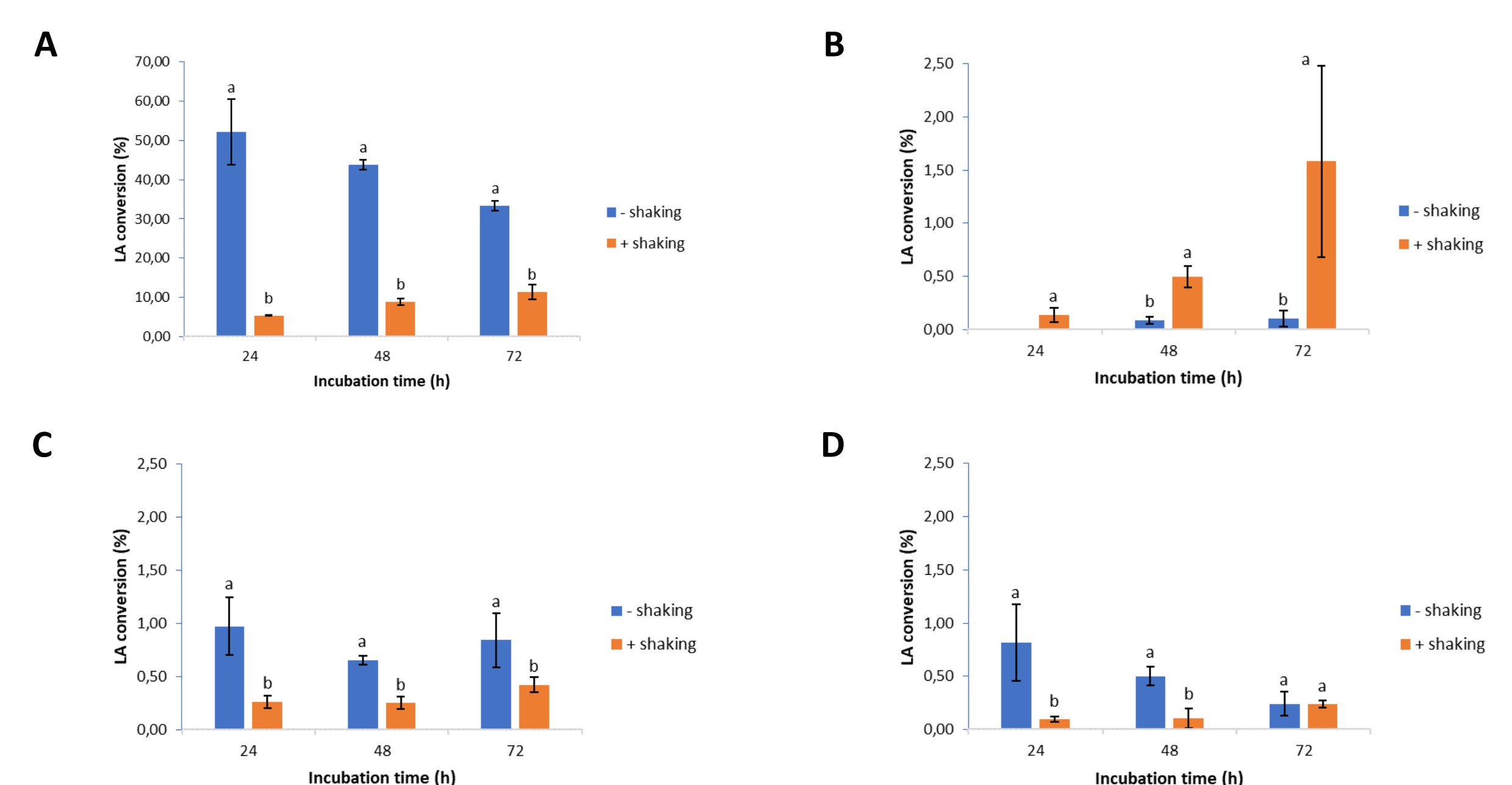
Conjugated linoleic acid (CLA) isomers have been attracting much scientific attention due to their potential bioactive properties<sup>1</sup>. These compounds are naturally produced during the biohydrogenation process of dietary linoleic acid (LA) by ruminal bacteria, however, several probiotic strains isolated from human intestine and dairy products have also revealed the capacity to produce those bioactive fatty acids<sup>2,3</sup>. Some studies have reported that the amount of CLA produced is strain-dependent and may also be influenced by cultivation conditions<sup>4,5</sup>. *In vitro* studies usually test CLA production by growing strains in culture medium containing a specific LA concentration<sup>6</sup>, but few have applied shaking during incubation. Shaking may improve access to substrate and result in better CLA yields, therefore, this work aimed to study the influence of shaking on CLA production by strains previously identified as CLA-producers.

## Methods



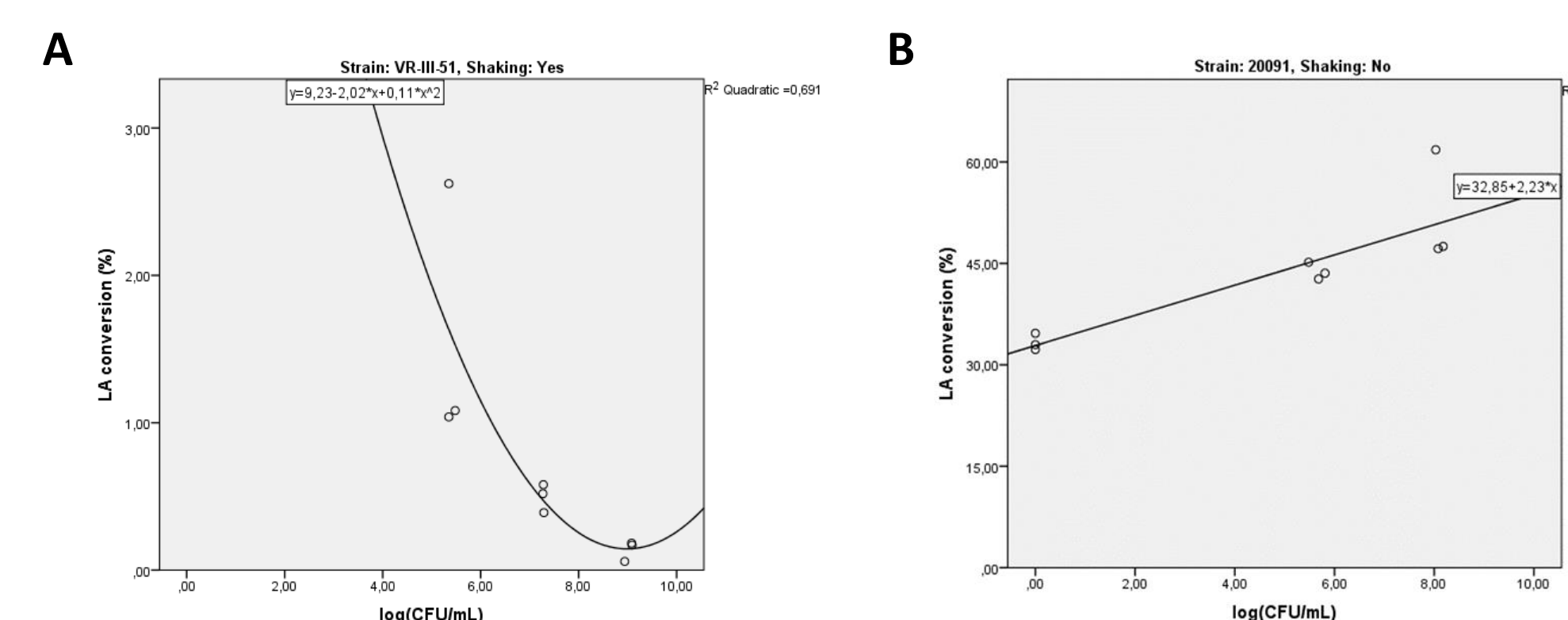
## Results

Shaking reduced LA conversion rates for all strains except for *L. gasseri* VR-III-51 (Figure 1).



**Figure 1.** LA conversion rates of *B. breve* DSM 20091 (A), *L. gasseri* VR-III-51 (B), *L. plantarum* DSM 20205 (C) and *L. sakei* DSM 20017 (D) with (orange) and without (blue) shaking. Different superscript letters for significant differences ( $p < 0,05$ ) between shaking condition.

In what concerns correlation between viable cell numbers (data not shown) at the end of each incubation period and LA conversion rates, it was observed a negative correlation for *L. gasseri* VR-III-51 with shaking, a positive correlation for *B. breve* DSM 20091 without shaking (Figure 2) and no correlation for *L. plantarum* 20205 and *L. sakei* DSM 20017, either with or without shaking.



**Figure 2.** Correlation between LA conversion rate and viable cell numbers of *L. gasseri* VR-III-51 with shaking (A) and *B. breve* DSM 20091 without shaking (B).  $P < 0,05$  according to Kendall correlation test.

## Conclusions

In conclusion, shaking and viable cell numbers (in agreement of incubation time) affect microbial CLA production in a strain-dependent manner.

## References

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## Acknowledgements

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