

Editorial

Dear Readers,

This editorial is written in English, as a tribute to the advancement of *Cadernos de Saúde* in the international scene. *Cadernos de Saúde* has grown and gained ground and is now part of the digital object identifier system and a WoS and Scopus contender. We are happy to acknowledge that we are making headway as more and more manuscripts are outsourced, elevating, and enriching the scientific views we broadcast.

In this issue, we make an important contribution to the matter of “change in health”, a topic that has ignited much discussion in the scientific community. Indeed, researchers and clinical staff alike, have been collaborating, in search of more ethical guidelines, moral bases, and spiritual products of health research.

Here, we put forth an assessment of research-action studies in nursing in Portugal. This research highlights the impact of research-action studies in the improvement of care quality. In another study, burnout in nursing and patient care are analyzed in view of improving patients’ and nurses’ security. Yet another study focuses on some of the overt and covert ethical issues of informed consent and how informed consent should be grounded on a true and open relationship between researcher and participant. Furthermore, we present a manuscript that highlights the need for educational training for physicians to enable effective communication of bad news. In this line, one study discusses the barriers to an effective handoff and the need for efficacy assessments to improve this process. In an integrative research review, the effect of a chest compression system – LUCAS® during cardiorespiratory arrest is analyzed. The authors show that LUCAS® does not show benefit in comparison to manual chest compression, affording a novel view concerning the culture of instrumentalization of care. In a final research, the authors highlight the facilitating and inhibiting elements leading to the development of a Ph.D. in nursing, reinforcing the impact of a Ph.D. in nursing on competence, decision-making, and leadership.

Together, the aforementioned studies come to reinforce a search path for novel guidelines of research in health that aim to better the quality of care, while humanizing it. We are happy to take part in this project and to have the opportunity to divulge this information to you, the readers. Naturally, we invite you to take part in this quest and join us as authors too!

Ana Maria Abreu